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St Luke's  
Hospice  
Santa Dash  
10 December

## Delightful Macmillan Coffee Morning

Apple pie with ice cream or white chocolate strawberry cake? They were just two of many delicious offerings at the Macmillan coffee morning on Sunday 1st October at the Windermere Pub. It was lovely to see so many familiar faces from the local community get together and support a very honourable cause.

The raffle proved a hit with beauty products, beverages and confectionery going to lucky winners. A big thank you to everyone who contributed their time and cakes, and to Noel Hehir for hosting the popular event again this year. **A grand total of £520 was raised!**

We look forward to seeing you all next year!

*Iris*

[www.skppra.co.uk](http://www.skppra.co.uk)



## **In memory of Marion Perrin**

Many in the neighbourhood and wider community will have known Marion Perrin well and when she was so suddenly taken from us all it really was quite a shock for one and all.

When her husband, Jim, had passed away in February this year it was amazing to see how determined Marion was, despite coping with such a huge loss, to take hold of the life she still had and give it everything she could. Having a stroke six months on was not what she or anyone else expected. However Marion bore it with incredible grace and energy, again determined to make the best of it.

Sadly, having made progress that impressed the medical team around her, she suddenly took a turn for the worse and on Friday 25th August bade us all farewell.

Marion's life was full and varied. But for her and Jim, the things that were closest to their hearts were their children, their granddaughter, their church family and St Luke's Hospice, which they tended to with a passion.

When the children were teens Marion became known by the nickname 'Arge', which stood for 'all round good egg'. Marion was so nurturing and caring to all she knew. As mentioned at her funeral service, she would always take people under her wing and help them in whatever way she could - a chat with and a smile from Arge making all the difference. Marion led an extremely fulfilling life, and was so special to so many.

On a slightly more personal note, she is hugely missed by all at The Annunciation, having played such an integral part in our church family and with some having been friends with her for some fifty years. Her faith was central to her life and she really did shine God's love to all those around her. And as her family so rightly said -

**“The world has a little less sparkle without Arge in it.”**

May she rest in peace.

*Revd. Trevor Goddard*

## **St Luke's Bubble Rush**

In September Iris and I took part in St Luke's first Bubble Rush event at the Kenton Recreation Ground. Despite lots of information, what to do and expect, we had no idea what was to come. I have never seen or done anything like this but would recommend the fun to anybody.

We had received our Bubble Rush T-shirts which were very colourful, but nothing had prepared us for what was to come. After a short warm up we were off to get round the course and "dive" into a colourful sea of bubbles.

The stations were like enormous paddling pools with a cannon blowing foam all over us in yellow, blue, red and green depending on the station you were jumping into. It was great fun to throw armfuls of bubbles over the various spectators or your mates in the pool. Having "worked" your way through the first pool you walked or ran to the next station, etc. until you had been in all four and if you felt like it, you could go round again. I think parents had great problems getting their children out of the pools because they had so much fun. Our t-shirts had taken on a lot more colours from the bubble stations and we both decided not to wash them but to keep them as a memento.

I think the green colour was the strongest, because when I got home I looked like the green giant. Well, not that tall, but that green. A long soak in the bath made me look more human again and by next day all colour had faded away.

Between us, we raised nearly £400 and at the end we both said we will have another go next year. St. Luke's told us that over £35,000 was raised!

Look out for the information on next year's Bubble Rush.

*Trixi*

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## **Can graphic design save your life?**

This is the title of an unusual exhibition at the Wellcome Collection. It shows how art and design play an important part in all our lives.

First we are shown the use of design in the tobacco business. Years ago the American designer Raymond Loewy improved the style of the Lucky Strike cigarette packet. This boosted sales. Then, as the health risks of smoking became apparent, other designers were employed to promote low-tar cigarettes. Finally, the aim was to stop smoking altogether with lurid advertising and packets designed to repel.

A different use of design aims to improve the experience of visiting a hospital. Different colours can identify urgent or non-urgent care. Clear signs will reassure us that we are in the right area or going in the right direction. For children, the use of animal murals and homely colours can make the place feel safer.

The exhibition itself is very well designed and a pleasure to visit (I have been twice!) Need I add that the experience is completed with a welcoming café?

This free exhibition is on until 14 January.

*DMP 15.10.17*

**Travel to Euston station, and come out on the West side.  
The Wellcome Collection is opposite on the Euston Road.**

### **HOPKINS ELECTRICAL SERVICES**

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## **St Luke's Santa Dash - 10 December**

St Luke's Hospice organises many events to support their fundraising. Having participated in and very much enjoyed the Santa Dash in the past, I thought it would be a great idea if several of us could join in this year. Imagine loads of people (Adults, children, I even have seen dogs all dressed up) all in a Father Christmas outfit walking (or even running) the 3 miles around the streets of Pinner.

Your entry fee includes the registration, your very own Santa suit, a medal, mince pie and hot drink on completion. Participants are asked to raise as much money as possible, so encourage your family, neighbours and friends to support you.

St Luke's says "by raising just £50 you could enable a patient to access high quality hospice care from one of our doctors, nurses or social workers in the familiar surroundings of their own homes."

**Standard registration starts 10 November.**

**£14 for Adults and £9 for under 16s.**

For more information go to [www.stlukes-hospice.org/santadash](http://www.stlukes-hospice.org/santadash). *Trixi*

### **Green Waste collection**

Please note that there are fewer collections over the Winter.

Wednesday, 15 & 29 November,

13 December, 10 January, 7 February, 7 & 21 March

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## **A day out in Lewes**

Lewes is the county town of East Sussex. It is built on a hill, rising up from the valley of the River Ouse, which flows out to the sea at Newhaven Harbour. Before the coming of the railway Lewes was itself a port and one of its residents was an excise man called Thomas Paine, the renowned author of *The Rights of Man*. He was an opponent of monarchy and active both in the American war of independence and the French Revolution. His dwelling here from 1768 to 1774, Bull House, is located near the West end of the High Street.

The railway station, where most visitors arrive, is near the bottom of the hill. Confronted by the steep incline of Station Street I walked instead to the right and found myself at the river bridge leading to Cliffe High Street. Being a Saturday the street market added to the liveliness of the area with its shops and cafés. Some visitors might have a meal here and go no further, but my object was to see the castle. Slowly making my way up School Hill to the centre, with the Town Hall and information bureau, I spotted the restaurant where I had lunched on my first visit to Lewes many years ago. A light meal and a glass of red wine went down very well!

The ruined castle, standing just off the High Street, was built by the Normans from 1067 on a 65ft mound known as a Motte. Two towers rise a further 22ft and provide amazing views both into the town and of the surrounding countryside. There are steps all the way up from ground level, so most people can manage it. A museum and numerous notices provide much information on the history of Lewes, and there is the regular showing of a short film.

Then I went to explore the Southover Grange Gardens. Not so well known to visitors, being a bit out of the way, this colourful park and the adjoining Grange are popular for wedding receptions. Both the Spring bulb display and the Summer flowers are spectacular. The Sussex Guild Shop sells the work of local craftspeople and the Tea Garden actually allows customers to carry their tea and cakes in china crockery onto the lawn or nearby benches. A little further on is the Anne of Cleves House and Museum. When King Henry VIII divorced his fourth wife he gave her this house as part of the settlement, though she never lived there. Later owners added to the property which now includes the museum. I was particularly interested in the Wealden Iron Gallery. The Sussex Weald provided all the necessary raw materials for iron smelting, and the first documented blast furnace in England was in nearby Ashdown Forest. Engineers will be fascinated by the cannon boring equipment and the diagram of a rural blast furnace. Lewes has something for everybody.

*DMP 1 1.10.17*

## **Safer Neighbourhood Team (SNT) meeting**

Since Jeanine left the area, I've taken on the role of SKPPRA representative for our Safer Neighbourhood Team (SNT) meetings. The frequency of meetings is about once every three months and so far I have attended one.

The last meeting was on the 11th of October at 7pm in the Preston Community library. It is usually well attended by the Shops and businesses on Preston Road. The police representatives were Sgt. Paul McCauley and PCSO George Popa.

### **George Popa's contact number, which is also the new Ward mobile number, is 07920 233 753**

PCSO George Popa presented data and an update on crime in Preston Ward since the last meeting, which is a twelve week period.

- Number of Burglaries – 18
- Number of Motor vehicle theft – 33
- Number of robberies – 5

Members discussed the incidents that have occurred, their personal experiences and house alarms. In Hirst Crescent, good progress has been made on reducing crime, when the Territorial Patrol Team were deployed over the Summer, which resulted in four arrests. Chamberlayne Avenue had a much calmer summer than last year. So far two crime prevention sessions have been held; one at Preston library and another at the Bowling club. Sgt. McCauley advised that the Safer Neighbourhood Team will be conducting 'Autumn Patrols' on buses and streets in November. This should increase visibility of the team.

Overall there isn't the need to 'blitz' any particular area, as has happened before, as crime in the ward is generally low. George has reassured us of his dedication to serving us in the ward, although it is not clear how long this may continue. Please see his contact details above, When he is on duty, he will be directly contactable on the number above.

The next meeting will be on the 17th January and I am planning to attend. If you have any particular concerns, that I should present, please let me know.

*Sean, Honorary Secretary*

**Preston.snt@met.police.uk; Sgt Neil Mahaffey,  
PCSO George Popa, Wembley Police Station,  
603 Harrow Road, Wembley HA0 2HH**

## **Forthcoming events at the Anunciation**

As I write I can hardly believe that we are well and truly into the autumn season. We've already enjoyed our neighbours' fireworks celebrating Diwali and it won't be long until the Jewish community are celebrating Chanukah and the Christian communities, Christmas.

One thing these festivals all have in common is the theme of light overcoming darkness, good overcoming evil. It's our prayer at The Annunciation that we will continue to be united as a whole community in sharing that light of goodness with each other.

We'd like to take this opportunity to let everyone know about the events coming up between now and Christmas day and to let you know that there is always a warm welcome extended to everyone of all faiths and none to share in our celebrations and events.

Whatever you're doing in the coming season, why not make a date with some of the events below. You're always sure of a very warm welcome.

God bless.  
*Revd Trevor Goddard*

### **Remembrance Day service – 12th November**

**10.00am**

A service where we remember the fallen of past wars, and ask for God's mercy and grace for our present and our future.

### **Labyrinth evening – 8th December**

**6.00pm – 8.00pm**

A multi-sensory experience using the Christmas theme – with various 'stations' giving us an opportunity for stillness and reflection and prayer for those who would like to.

It's a flexible event where you stay for as little or as long as you would like to. Mulled wine and mince pies afterwards.

**Mini Xmas fair & Labyrinth - 9th December**

**10.00am – 12.00pm**

Our coffee morning plus will be our Christmas fair with a bit of fun for everyone. Come and find some gifts, have fun with the tombola and lots more and of course a fresh homemade cakes stall.

**Carol service: 'A Celebration of Carolling' - 17th December**

**5.30pm – 6.30pm**

This year we are hoping to have our community choir as always along with a few other soloists and music items to help us in our celebration of Christmas Carolling.

We are also bringing the time forward to 5.30pm to help make it more accessible to families and for others who find it difficult to go out later in the evening.

We'll round the evening off with mulled wine and mince pies.

**Kid's Christmas - 24th December Christmas Eve**

**4.00 – 6.00pm**

This event is popular with lots of families. A free Christmas party for children, 0 – 6 years (approximately) and their parents with a modern rendition of the Christmas story as part of the fun.

(NB: we cannot have children stay without their parents.

Thank you for your understanding).

**Christmas Eve Midnight Mass - 24th December**

**11.30 – 12.30pm**

A simple communion service to welcome in Christmas Day.

**Christmas Day Family Celebration - 25th December**

**10.00 – 11.00am**

A welcome to everyone to get together to celebrate and to pray for our world on this special day. Children and their new presents most welcome!

## Proposed West London Orbital Railway

The West London Alliance has just published a proposal for a new London Overground Service.

Routes are yet to be confirmed but will start from either Hendon or Cricklewood, Thameslink to Hounslow Station. Parts of the route will need electrification and there will be four trains per hour.

There may be new stations at Neasden, Harlesden and possibly also at Old Oak Common Lane.

Also the platforms of the following stations will be enhanced: West Hampstead, Hendon, Cricklewood, Brent Cross/Staples Corner, Kew Bridge and Hounslow.

The potential benefits to West Londoners are:

1. new housing growth across borough
2. reduced congestion

*For further information from Rajen Shah please contact him. Details on page 14*

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As we have not received any classified advertisements for this issue, below is a reminder of the conditions.

### **Classified Advertisements a service for SKPPRA residents**

- 1) If you have an item or service to offer **free of charge**, maximum three lines text, the advertisement will cost you nothing!
- 2) If you **want to sell** an item or service, again, maximum three lines. On receipt of your text I will email you a copy of your advertisement and once you are happy with the design I will send you an invoice for the charge of £10 per box, which is payable by return.

Please post or deliver your cheque to 9 Allonby Gardens.  
Repeat of your advertisement with small amendments, will be £7.00.

**To place an order, email the editor@skppra.co.uk  
or telephone 020 8904 4795**

## **Kenton and District U3A ('University of the Third Age')**

Joining U3A is a great way to lead a positive and active life in retirement. If you are retired or semi-retired, the many activities of the Kenton and District U3A ('University of the Third Age') may well be for you. This is certainly the case for people who would like to:

- ▶ **keep their mind and body in good shape with the passing years**
- ▶ **carry on "learning with pleasure"**
- ▶ **learn new skills together with others**
- ▶ **make new local friends**
- ▶ **join groups of similar minded people**

U3A membership is not related to a specific age but to a period in one's life (the third age) after the second age of full-time employment and parental responsibility. Anybody in their third age can join U3A. Your previous experiences, eg jobs and qualifications, are irrelevant. There are over 1000 U3A groups across the country.

The Kenton and District group has about 150 members and meets during the daytime, mostly in the Century Bowling and Sports Club on Logan Road, as well as a few other local venues. For just £35 a year, you can take part in a whole range of local mostly weekly, fortnightly and monthly classes, interest groups and activities.

The topics you can get involved with are wide ranging, including some that have an educational slant (such as English literature and language learning), some that are primarily practical (e.g. cookery, painting and sketching), and all are unashamedly social. Other popular activities include visiting speakers; current affairs discussion; walks and rambles; creative writing; bridge; board games; music appreciation; London outings; theatre and gallery visits; film club. You can go along to as many as you wish.

For further information, including the latest magazine and diary of activities visit their website <http://www.kentondistrictu3a.org> or telephone 020 3645 7348.

Louise Bennet

On a personal note I can add that every second and fourth Tuesday of the month at 2- 4pm I teach the Watercolour class in the Century Bowling and Sports Club venue mentioned above. If you would like to know more, please contact me.

My details are on page 14. *Trixi*